The month of May is "Women's Health Month." This annual recognition is designed to promote a healthy lifestyle for women by being active, eating smart, not smoking, and getting regular checkups and screenings. The health and well-being of women is essential to the well-being of their families and the communities in which they live. During these difficult economic times, maintaining a healthy lifestyle is key to countering stress and daily pressures.

Creating awareness of health inequities on low-income women and women of color, their families and their communities, and then devising strategies to begin closing the health disparities gaps is a major focus of the Department of Public Health's Office of Women's Health. Therefore, during the month of May, there are many activities planned throughout the County to focus attention on women's health issues. For example, free health screenings will be available to low-income, underserved women, who may contact the Office of Women's Health hotline at 1-800-793-8090.

	<u>MOTION</u>
Ridley-Thomas	
Yaroslavsky	
Knabe	
Antonovich	
Molina	

On Saturday, May 8, 2010, the day before Mother's Day, the Office of Women's Health is coordinating a combined Department of Public Health and Department of Health Services team for the 17th Annual Revlon Run/Walk for Women to be held at the Los Angeles Memorial Coliseum. Proceeds from the event will support women's cancer research and programs in Los Angeles County. The participation of County employees in the Run/Walk for Women will be invaluable in showing support and helping to fight women's cancers that affect so many in Los Angeles County.

On Tuesday, May 18, 2010, the Department of Public Health's Office of Women's Health will host a community dialogue on the recently released report on women's health in the County, to be held at the Dorothy Chandler Pavilion.

THEREFORE, I MOVE THAT the Board of Supervisors:

- 1) Proclaim the month of May 2010 as "Women's Health Month";
- Encourage County employees to participate in and support women's health activities during May 2010, including the Revlon Run/Walk for Women;
- Instruct the Auditor-Controller to work with the Office of Women's Health to make arrangements to print Revlon Run/Walk for Women team information on the April 30, 2010 paychecks of County employees; and
- 4) Waive the parking fee of \$20 per vehicle for approximately 100 vehicles, excluding the cost of liability insurance, for parking at the Music Center Garage (Lot 14) for participants attending the Office of Women's Health Community Dialogue on May 18, 2010.